



ASTROBIOSCIENCES

# SENIOR CANINE COGNITIVE ASSESSMENT\*

Have you noticed any behavior changes in your older dog? To help your veterinarian narrow the cause, please check all that apply and take this questionnaire with you to your next visit.

## BEHAVIOR SIGNS

### Disorientation—awareness—spatial orientation

- My dog gets stuck or has difficulty getting around objects or walks into doors or walls
- My dog stares blankly at walls, the floor or into space
- My dog drops food and has a problem finding it
- My dog goes to the hinge or wrong side of door
- My dog gets lost or confused inside the house or yard
- My dog has not been recognizing familiar people or pets

### Altered social interactions

- My dog has decreased interest in petting, affection or time spent with family members
- My dog is showing increased attention seeking or overattachment to family members
- My dog is less social (avoids or is irritable or aggressive) with people or other animals
- My dog is less playful with family members or other pets

### Sleep-wake cycles

- My dog is experiencing instances of waking or being restless at night
- My dog is sleeping noticeably more during the day

### Houstraining, learning and memory

- My dog has been soiling indoors  urine  stool
- My dog has shown a decrease in, or loss of, signaling to go out
- My dog is showing a decreased response to its name or learned commands, tricks or work
- My dog is less able or slower to learn new tasks or tricks—less able to focus

### Anxiety or response to stimuli

- My dog is more fearful, anxious or unsettled
- My dog is showing increased anxiety when separated from family members (separation distress)
- My dog is showing increased reactivity, startle or fear of sights or sounds
- My dog is showing increased fear of new places or locations
- My dog is increasingly vocal during the daytime

### Activity

- My dog is showing increased aimless or wandering activity or repetitive behaviors (circling, licking)
- My dog has decreased interesting exploring or playing with toys
- My dog has decreased interest in walks, exercise or play with family members or other pets



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\*Adapted from Landsberg, GM, Hunthausen, WL, Ackerman, LA. Behavior problems of the dog and cat. 3rd ed. Philadelphia: Saunders Elsevier, 2012.